



**October 2024**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>Breakfast:</b> Apple Cinnamon Oatmeal, <b>Maple Syrup</b> <b>Lunch:</b> Soft Chicken Tacos, Mexican Street Corn, Oranges	<b>Breakfast:</b> Peanut Butter Toast, Bananas, <b>Local Honey</b> <b>Lunch:</b> Creamy Cheeseburger Penne, Broccoli, Pears	<b>Breakfast:</b> <b>Bagels</b> , Cream Cheese, Apples <b>Lunch:</b> Sloppy Joes, Honey Carrots, Tater Tots, Fresh Fruit	<b>Breakfast:</b> Yogurt Parfait, Fresh Fruit, <b>Granola</b> <b>Lunch:</b> Cheese Pizza Bagels, Green Beans, Applesauce
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Breakfast:</b> Cold Cereal, Bananas <b>Lunch:</b> TACS Potato Soup, Bosco Stick, Oranges	<b>Breakfast:</b> Pancakes, <b>Maple Syrup</b> , Blueberries <b>Lunch:</b> Crunchy Beef Tacos, Bell Peppers, Hummus, Pears	<b>National Hoagie Day</b> <b>Breakfast:</b> <b>Scrambled Eggs</b> , WW Toast, Apple Juice <b>Lunch:</b> Turkey Hoagie, Carrots & Celery, Apples	<b>Breakfast:</b> Strawberry Banana Smoothie, <b>Granola</b> <b>Lunch:</b> Baked Ziti, Side Salad, WW Breadstick, Fresh Fruit	<b>Breakfast:</b> Yogurt Parfait, Fresh Fruit, <b>Granola</b> <b>Lunch:</b> Pepperoni Pizza, Corn, Mandarin Oranges
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>No School Columbus Day</b>	<b>Breakfast:</b> Waffles, <b>Maple Syrup</b> , Berries <b>Lunch:</b> Chicken Fajita Quesadillas, 3 Bean Salad, Cucumbers, Fresh Fruit	<b>Breakfast:</b> <b>Bagels</b> , Cream Cheese, Bananas <b>Lunch:</b> BBQ Meatballs, Mashed Potatoes, Honey Carrots, Applesauce	<b>National Pasta Day</b> <b>Breakfast:</b> Oatmeal, Blueberries, <b>Maple Syrup</b> <b>Lunch:</b> Crazy Pasta, Choice of red sauce or Alfredo, WW Breadstick, Broccoli, Apples	<b>Breakfast:</b> Yogurt Parfait, Fresh Fruit, <b>Granola</b> <b>Lunch:</b> Cheese Pizza, Vegetables & Dip, Fresh Fruit
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>Breakfast:</b> Blueberry Sunshine Smoothie, <b>Granola</b> <b>Lunch:</b> Tomato Soup, Grilled Cheese, Pears	<b>Breakfast:</b> Ham, Egg, & Cheese on a Bagel, Fresh Fruit <b>Lunch:</b> Beefy Bean Nachos, Corn, Applesauce	<b>Breakfast:</b> <b>Scrambled Eggs</b> , WW Toast, Apple Juice <b>Lunch:</b> Spaghetti & Meatballs, Broccoli, WW Breadstick, Apples	<b>Breakfast:</b> <b>Pancakes</b> , Blueberries <b>Lunch:</b> French Toast Sticks, <b>Maple Syrup</b> , Sausage, Hash Brown Casserole, Oranges	<b>Breakfast:</b> Yogurt Parfait, Fresh Fruit, <b>Granola</b> <b>Lunch:</b> BBQ Chicken Pizza, Caesar Salad, Fresh Fruit
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
<b>Breakfast:</b> Oatmeal, Berries, <b>Maple Syrup</b> <b>Lunch:</b> Chicken Nuggets, Green Beans, Fresh Fruit	<b>Breakfast:</b> Waffles, <b>Maple Syrup</b> , Fresh Fruit <b>Lunch:</b> Walking Tacos (Beef), Carrots, Fruit Cocktail	<b>Breakfast:</b> <b>Bagels</b> , Cream Cheese, Bananas <b>Lunch:</b> Mac & Cheese, Broccoli, Apples	<b>Breakfast:</b> "Boo"-Berry Smoothie, <b>Granola</b> <b>Lunch:</b> Mummy Dogs, Witches Fingers (Green Beans), Fruit Parfait	

Available with every meal: Trinity Valley Chocolate milk or 1% milk. PBJ or Salad bar available as an alternative to daily lunch. Local Menu items are **Bolded**. Menus subject to change.